

Mental Health



STORBYENS
HJERTE OG SMERTE
NORDISK STORBYEKONFERENS

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Theme Exploration 1

What are the most common mental health problems young people are facing?

How can we help those who are having mental health problems?



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Group Sharing



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Theme Exploration 2

What can families, schools, friends and other similar groups do to support young people's mental health?

What can be done to make mental health help more accessible?



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Theme Exploration 3

What can we learn from COVID-19
about mental health?

How can we battle loneliness
among young people?



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Conclusion & Next Steps



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Possible Entertainment for Party Voting!



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