

Diversity

Theme Workshop 15. February 2024

Meeting Minutes:

Theme Exploration 1

How can we make society more inclusive and accessible for all?

What can be done to help young people find community?

Theme Exploration 1 - Discussion Summary:

- o The history of various forms of discrimination should be discussed more – how it started and has evolved over time and learn from the history. We need to educate more about these issues in schools, for example about gender equality, racism etc.
- o It is important to find ways to make societies more inclusive.
- o We should discuss more with people in minority or marginal groups and try to understand everyone better and put ourselves in their shoes.
- o Need to be educated and educate to prevent prejudice.
- o “Römpum upp Reykjavík” (ramping up Reykjavik) is a good example of a project that supports those in wheelchairs or those with reduced mobility – campaigns can be good for doing good things.
- o The queer youth centre in Reykjavík – creates a community and a safe area for a certain group of young people.
- o Find ways to help people find their community – advertise and reach out to everyone as much as possible. We need to do more about this.
- o Get kids more involved in the adult community – that they get to try working in the workplace, for example – take a break from school but work instead and get to know how to be on the job market.
- o A table with advertisements about what can be done at their school – everyone is invited to participate and participate in what is being advertised there.
- o Many social networks where more people are being encouraged to participate in the work–e.g. we’re going back, watching a movie and you want to be a part of it. All the possibilities need to be introduced to kids and invited to be a part of it. Also, the work inside the schools has often been introduced to everyone so that they know what is so important.

Theme Exploration 2

How can we foster cultural and religious understanding?

How can we foster tolerance and equality in society?

Theme Exploration 2 - Discussion Summary:

- o Discuss how social media can be used to reach people and connect them more closely to the community.
- o Parents need to be educated about different cultures because prejudice often starts at home.
- o Critical thinking is important because of all the misleading information that can be found on the internet and therefore it is necessary to know how to distinguish between the two.
- o It is important that as many people as possible get the opportunity to experience different cultures.
- o We should have learned about different cultures and people's circumstances – get a chance to learn about it in school.
- o Create the conditions for different cultural groups to have the opportunity to talk and communicate and thus to better understand each other.
- o There is a great lack of reflection of diversity in society in the media and television.
- o Education and training are so crucial to a better understanding.
- o Use social media to educate and educate people about these issues.

Theme Exploration 3

What can be done to help and prevent substance use among young people?

How can we make sure that everyone enjoys the same freedoms in society?

Theme Exploration 3 - Discussion Summary:

- o We should have self-esteem and not give in to peer pressure – we need to stand firm on our values. We need to know who our real friend is and who is not – good friends respect you and don't try to make you do things you don't want to do.
- o All children should be involved in leisure activities – all children should be allowed to participate in leisure activities and the parents' budget should not be an obstacle.

- o Want to advertise more about how bad it is to use drugs and introduce it to the kids – address the harm. Too easy to buy all kinds of things through the internet – easy to pretend you're older than you are and you need to make sure that it's not possible.
- o It is important to create an environment where it is okay not to use drugs. It is also important not to push away those who are in need of assistance. It is necessary to find a balance between the two in some way and to accommodate both groups.